Adult Hospital Gown Pattern
Creations SewClever and Lazy Girl Designs

Make sure this prints at the correct size (100%, no 'scaling') by measuring the 2” square below on this page. Arrange and tape together the 10 pattern pages according to the guide on page 2. Each sheet should touch each other at the edges - do not overlap pages. After assembling, connect the lines where they did not print in the margins of the individual pages. Lengthen or shorten as needed on 'Lengthen or Shorten' line.

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Supplies

Fabric: 2.75 - 3.25 yards of 100% cotton (42 inches wide).

Ties: 1 yard grosgrain ribbon or twill tape, cut into four 9" pieces.

Lightweight fusible interfacing: 4 pieces at 1" x 12"

Velcro: 6 pieces at 2" each.

Buttons: 2 at 3/4 - 1"
Pattern Guide: Tape the 10 pattern pages together as shown here. Match edges of the pages, do not overlap.
Place pattern on cut front.

Approximate pocket: Gown front.
   Located side of the front.
   Toward the right.

From extra fabric, cut:
   One pocket 6" x 8".

Use a buttonhole stitch through
   Buttonhole. Place buttonhole
   Open. Cut buttonhole
   Single layer. From extra fabric, cut
   Approximate pocket location.

Heart monitor wires:
   4" long button hole for heart
   Buttonhole stitch through single layer.

From extra fabric, cut one pocket 6" x 8".

Place pattern on cut front.
   to locate pocket and buttonhole.

Place buttonhole toward the center of
   the gown, under the pocket
   on the right half of the gown front.

This side up
About the pattern:

All three pieces needed to make the gown are stacked on top of each other. They have the same bottom edge, side edge, sleeve, and shoulder. The neckline is different in the front and back. The two back pieces have different edges. The neckline is clear tape on the neckline of the front. Then used to cut between the line between the right back and left back to cut for the right back. Then use the entire piece to cut for the left back. Tip: put a piece of clear tape on the neckline of the front. Then cut along the entire piece to cut for the left back. Tip: put a piece of clear tape on the neckline of the front to create a flap to separate the front from the left back. Rather than trying to fold on the curved neckline back, this is the easiest way to separate the front from the left back. Then fold the pattern at the line between the right back and each part of the gown. For instance, fold the pieces to cut each part of the gown. To use, fold the pattern piece on the line between the front and back. The two back pieces have different edges. The three pieces needed to make the gown are stacked on top of each other.
Right Back
Cut one from single layer of fabric.
Place line on fold.

Left Back
Cut one from single layer of fabric.

Front
Cut one from folded fabric.
Fold fabric in half, place line on folded edge.

Place line on fold.
Cut one pocket at 6" W x 8" H from remaining fabric.

Options:
- Cut one front, one back left and one back right.
- Cut one front and two mirror image right backs for a bit larger gown or to get extra coverage in the back.
- Cut one front and two mirror image left backs for smaller size.
- Add 3-6" to length of gown for adults taller than 5'6".

Directions:
Cut away all the non-pattern paper - around the outside edge.

Cut in pieces, place edge of front piece on fold of remaining fabric and cut.
Fold under right back and left back information on the pattern.
Fold right back and left back, if you desire narrower hem back.
Re-cut one right back for left back during cutting.

Cut right back through two layers, wrong sides together.

Cut one pocket at 6" W x 8" H from remaining fabric.

NOTE: If cutting two of the same back pieces, make sure they are cut from fabric folded with wrong sides together to get mirror image segments.

- Cut one front and two mirror image left backs for smaller size.
- Cut one front and two mirror image right backs for a bit larger.
- Cut one front, one back left and one back right.

Cutting Directions

Work with fabric right off the bolt, or wash, press, fold with selvages together just as it was before you washed it.
Lengthen or Shorten

To lengthen, cut across pattern, add length needed. Fill empty space with a blank piece of paper. Align the cut line using a ruler, then tape to secure.

To shorten, fold pattern taking out needed amount. Match line after folding.

The finished gown is approximately 38" from shoulder at the neck to bottom hem. Recommended: if taller than 5' 6", lengthen 3-6".

Lengthen or shorten using this line.
Assembly Directions:

1) Assemble pattern pages and lengthen or shorten pattern on 'Lengthen or Shorten' line if needed. Finished pattern is approximately 38" from shoulder at neck to hem. For adults taller than 5' 6", add 3-6" length. Cut gown pieces from fabric.

2) Press 1" fusible interfacing to wrong sides of 4 shoulder seams. Serge/zig zag seam 1" from side seams from edge of sleeve to pocket.

3) Press "Z" rag seam on shoulder at neck to hem. For adults taller, approximately 3" from shoulder at neck to hem. For adults taller, lengthen or shorten line if needed. Finished pattern is lengthen pattern and lengthen or shorten pattern on

4) Evenly space and stitch Velcro pieces along remaining shoulder seams. Sew soft half to underside of gown front. Sew rough half to top side of back pieces.

5) Serge neckline front, necktie back and back opening on both back top side of back pieces. Turn under each necktie and stitch in place. Fold back edges. Make button hole near neckline on right and left shoulders, through interfaced shoulder. Sew button in place on right and left back pieces. Evenly space and stitch Velcro pieces along remaining shoulder seams. Sew soft half to underside of gown front. Sew rough half to top side of back pieces. Turn under each necktie and stitch in place. Fold back edges.

6) Serge necktie front, necktie back and back opening on both back

7) Turn under each necktie and stitch in place. Fold back edges. Tom under each necktie and stitch in place. Fold back edges.

8) Cut 6" x 6" pocket from extra fabric. Fold under side, bottom and under half of pocket. Serge/zig zag front 2" from side, bottom and under half of pocket.

9) Serge/zig zag front to back at side seams from edge of sleeve to pocket.

10) Serge/zig zag bottom and sleeve edge. Turn 1" under for hem and fold hem. Press, fold again, then press again and press between fold and press.

11) Locate and stitch ties at back necktie and center back.

Press from 3/4" of top edge and press then fold under 1/2".

Press from extra fabric. Fold under side, bottom and under half of pocket.
March 2005 - This gown was designed for my friend, Suzanne Stiving, from Chillicothe, Ohio.

She walked into the quilt shop with a smile upon her face.
We spoke, she asked some questions, then she strolled around the place.
She finished shopping, chatted briefly, headed toward the door,
Then turned and said, "How 'bout we take a journey to the shore?"
Apparently I looked as if I held on by a thread.
After hearing that proposal, "Hooo-boy, sure!" was all I said.
That was the start of friendship….more a sisterhood, in fact.
After our trip to Hilton Head there was no going back.
We were bonded through shared vision, looked at life with the same eyes.
Seemed we'd known each other always, friends through "lows" and friends through "highs".
The years passed quickly, memories built, our families joined as one.
We shared vacations, holidays, the "theme" was always fun!
Eventually when she retired, she joined our quilt shop staff,
We always knew when she was there...t'was her delightful laugh!
She began to make excuses when our "girlfriend days" were planned.
Fatigue and aching plagued her, and it bothered her to stand.
Doctor visits, medication......nothing seemed to change.
This illness that continued made doctors say "how strange."
Finally they performed the test that filled in the last blank....
LEUKEMIA was what it said. My heart stopped. Then it sank.
Her life no longer was her own, this journey changed its course.
Chemo and its side-effects grabbed hold of her in force.
When one you love is hurting you'll do anything you can
To make the journey easier through unfamiliar land.
Quilting is her passion, fabrics simply make her melt.
Because we share this little quirk, I knew just how she felt!
I began to make her cheery gowns to brighten life a bit.
They made her smile, like a hug....and best of all, they fit!
There are lots of other ways to help a loved one cope,
Most of all what you can do is offer them some HOPE.
When leukemia is cured we'll have our celebration!