NOTE:
Print all 10 pages on 8 1/2" x 11" sheets of paper. Assemble the 10 pattern pages according to the guide on page 2. Make sure this prints at the correct size by measuring the 2" square to the right on this page. Your printer will not print the pattern lines to the edges of the paper. Each sheet should touch each other at the edge - do not overlap pieces. After assembling, connect the lines where they did not print in the margins of the individual pages.

Other instructions and information:

- Supplies - Page 1
- Pattern piece assembly illustration - Page 2
- Pocket information - Page 3/4
- About the pattern - Page 4
- Cutting directions - Page 6
- Lengthen or shorten pattern - Page 7
- Copyright - Page 9
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Supplies:

- **Fabric** - 2 3/4 yards of 100% cotton (at least 42 inches wide). Buy 3 yards if you plan to lengthen the gown.
- **Ties** - 1 yard grosgrain ribbon or twill tape, cut into four 9" pieces.
- **Lightweight fusible interfacing**: 4 pieces at 1" x 12"
- **Velcro** - 6 pieces at 2" each.
- **Buttons** - 2 at 3/4 - 1"

This box is 2" x 2" exactly. Measure this box to verify that your pattern has printed at the correct size. Adjust the print size on your printer options if needed.
Pattern Guide: Print and tape the 10 pattern pages together as shown here. Match edges of the pages, do not overlap.
Cut one pocket 6" x 8".

Location:
Approximate pocket side of the front.
Front: toward the right pocket location.

Cut buttonhole single layer. Use a buttonhole stitch through heart monitor wires.

Four inch long buttonhole for four inch long button hole for pocket and buttonhole.

Pocket and buttonhole shown in mirror image. Place pattern right side down on cut front to place pocket and buttonhole.

Place button hole toward center of the gown, pocket down on cut front to place.

This side up
About the pattern:

All three pieces needed to make the gown are stacked on top of each other. They have the same bottom edge, side edge, shoulder, and neckline is different in the back. The two back pieces have different edges. The pieces that will overlap at the center back are the front and back. The tip of each piece will be separated the Front from the Left Back. Then use the entire piece to cut for the Left Back. Then use the entire piece to cut for the Left Back. Tip, put a piece of clear tape on the neckline of the Front. Then cut along the clear tape on the neckline of the Front. Then cut along the curve to create a flap to separate the Front from the Left Back. Rather than trying to fold on the curved neckline.
**Front**

Cut one from folded fabric. Fold fabric in half, place line on folded edge.

**Left Back**

Cut one from single layer of fabric. Place line on fold.

**Right Back**

Cut one from single layer of fabric. Place line on fold.
Cutting Directions

Work with fabric right off the bolt, or wash, press and fold with selvages together just as it was before you washed it.

Options:

Cut one front and two right backs for a bit larger gown or to get extra coverage in the back.

Cut one front and two right backs for a bit larger gown or to get

Cut one pocket at 6" W x 8" H from remaining fabric.

Cut one double layer for front.

Piece piece edge of front piece on fold of remaining fabric and cut

Fold under right back and let back information on the pattern

Re-cut one right back for left back if you desire narrower left back.

Cut away all the non-pattern paper - around the outside edge.

Directions:

Cut away all the non-pattern paper - around the outside edge.

Cut one pocket at 6" W x 8" H from remaining fabric.

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Cut one front and two right backs for a bit larger gown or to get
Lengthen or Shorten

The finished gown is approximately 38" from shoulder at the neck to bottom.

To lengthen, fold pattern taking out needed amount. Match line after folding.

To shorten, fold pattern leaving out needed amount. Fill empty space with a blank piece of paper. Align the cut line length needed. Fill empty space with a blank piece of paper. Align the cut line using a ruler and tape to secure.

Lengthen or Shorten using this line.
Assembly Directions:

1) Assemble pattern pages and lengthen or shorten pattern if needed. Finished pattern is approximately 38" from shoulder.

2) Press "f". Pull interfacing to wrong sides of 4 shoulder seams. Interfaced shoulder. Sew button in place on right and left back to match. Make button hole near neckline on right and left shoulders, through and under stitch.

3) Serge/zigzag raw edges of shoulder seams. Turn under and stitch.

4) Serge/zigzag bottom and sleeve hem. Turn under and stitch in bottom hem.

5) Turn under each neckline and stitch in place. Fold back edges.

6) Serge neckline front, neckline back and back opening on both back side of back pieces.

7) Serge/zigzag front to back at side seams from edge of sleeve to under and stitch pieces. Then

8) Serge/zigzag bottom to back at side seams from edge of sleeve to under and stitch pieces. Fold back edges.

9) Serge/zigzag bottom and sleeve hem. Turn under and stitch in bottom hem.

10) Locate and stitch ties at back neckline and center back.
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Lazy Girl Designs
www.lazygirldesigns.com
Susie’s Story
By Rita Fishel, Owner, Creations Sew Clever
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She walked into the quilt shop with a smile upon her face.
We spoke, she asked some questions, then she strolled around the place.
She finished shopping, chatted briefly, headed toward the door,
Then turned and said, "How 'bout we take a journey to the shore?"
Apparently I looked as if I held on by a thread.
After hearing that proposal, "Hooo-boy, sure!" was all I said.
That was the start of friendship....more a sisterhood, in fact.
After our trip to Hilton Head there was no going back.
We were bonded through shared vision, looked at life with the same eyes.
Seemed we'd known each other always, friends through "lows" and friends through "highs".
The years passed quickly, memories built, our families joined as one.
We shared vacations, holidays, the "theme" was always fun!
Eventually when she retired, she joined our quilt shop staff,
We always knew when she was there...’twas her delightful laugh!
She began to make excuses when our "girlfriend days" were planned.
Fatigue and aching plagued her, and it bothered her to stand.
Doctor visits, medication.....nothing seemed to change.
This illness that continued made doctors say "how strange."
Finally they performed the test that filled in the last blank....
LEUKEMIA was what it said. My heart stopped. Then it sank.
Her life no longer was her own, this journey changed its course.
Chemo and its side-effects grabbed hold of her in force.
When one you love is hurting you'll do anything you can
To make the journey easier through unfamiliar land.
Quilting is her passion, fabrics simply make her melt.
Because we share this little quirk, I knew just how she felt!
I began to make her cheery gowns to brighten life a bit.
They made her smile, like a hug....and best of all, they fit!
There are lots of other ways to help a loved one cope,
Most of all what you can do is offer them some HOPE.

Please visit http://tinyurl.com/69f4y and leave them a donation.
When leukemia is cured we'll have our celebration!

March 2005 - This gown was designed for my friend, Suzanne Stiving,
from Chillicothe, Ohio. Susie is currently undergoing treatment through
the James Cancer Center / OSU Hospital, Columbus, OH. It is my deepest hope that we can raise funds for the American Cancer Society from this free hospital gown pattern.