**NOTES:**
Print all 12 pages on 8 1/2” x 11” sheets of paper. Assemble the pattern pages according to the guide below.

**Important:** Make sure this pattern prints at the correct size by measuring the 2” square to the right on this page. Your printer will not print the pattern lines to the edges of the paper.

Each sheet should touch each other at the edges - do not overlap pieces. After assembling, connect the lines where they did not print in the margins of the individual pages.

**Supplies:**

**Fabric** 100% cotton at least 42 inches wide.

For Small Size: 1 yard
For Med/Lg Size: 2 yards

**Ties** - 1 yard grosgrain ribbon or twill tape, cut into four 9” pieces.

**Lightweight fusible interfacing** - 4 pieces at 1” x 12”

**Velcro**
Small - 4 pieces at 2” each.
Med/Lg -6 pieces at 2” each.

**Buttons** - 2 at 3/4 - 1”

Note: Pattern piece for the pocket is located on page 4.

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Gown designed by Rita Fishel of Creations SewClever Quilt Shop.

www.CreationsSewClever.com
Radio
Place Velcro
Fuse
interfacing
Gown Front
Med/Lg size
Fuse
interfacing
Gown Front
Small size
Buttonhole
in
this area.

FRONT
CUT 1 ON FOLD
Pocket for Small Size
Pocket for Med/Large Size

Page 3
This side up
POCKET PATTERN PIECE

Small - Cut one pocket piece at 4" x 5"
Med/Lg - Cut one pocket piece at 4 1/2" by 5 1/2"

Serge/zig zag all edges.

Fold under 1/4" at sides and bottom edges.

Fold under 1 1/2" at top edge.

Small pocket

Med/Lg pocket
Optional:

Make a 3" to 4" long buttonhole for heart monitor wires.

Use a buttonhole stitch though single layer.
Cut buttonhole open.
Center of Gown Back, all sizes

Cut two back pieces.

(Mirror images)

CUT 2
BACK
Bottom cut line for Gown Front, Small size

Page 9
This side up

Bottom cut line for Gown Front, Med/Lg size

Center Front: Place line on fold.
This side up

Neck cut line for Gown back, all sizes.

Location for right tie, all sizes.

Location for left tie, all sizes.

Button on back at shoulder/neck.

Neck cut line for Gown back, Small size.

Neck cut line for Gown back, Medium size.

Neck cut line for Gown back, Large size.
Assembly Directions:

1) Assemble pattern pages and lengthen or shorten pattern if needed. Finished pattern is approximately 19” for Small from shoulder at neck to hem and 29” for Med/Lg. Cut pieces.
2) Press 1” fusible interfacing to wrong sides of 4 shoulder seams.
3) Serge/zig zag raw edges of shoulder seam. Turn under and stitch along finished edge.
4) Make button hole near neckline on right and left shoulders, through interfaced shoulder. Sew button in place on right and left back to match buttonholes on front.
5) Evenly space and stitch Velcro in place along remaining shoulder seams. Sew soft half to underside of gown front. Sew rough half to top side of back pieces.
6) Serge neckline front, neckline back and back opening on both back pieces.
7) Turn under each neckline and stitch in place.
8) Add optional buttonhole for heart monitor and then add pocket.
9) Serge/zig zag front to back at side seams from edge of sleeve to bottom hem.
10) Serge/zig zag bottom and sleeve edges. Turn 1” under for hem and stitch in place.
11) Locate and stitch ties at back neckline and center back.

Fold fabric, wrong sides together, matching selvage edges. Place front on folded edge.

Cutting for Med/Lg size.
Use one yard of fabric for the front and one yard for the back pieces. Cut the pocket from leftovers.

Cutting diagram for Small size.
The front and back pieces should nest together as shown to the right.

Place front on fold of fabric as shown.

You’ll need 1 1/3 yards if working with directional prints for Small size.

For directional prints, arrange pattern pieces in the same direction.